



Mrs. Reichert/ Miss Murphy
Life Skills Newsletter
October 2018

Hello Lake Shore Families!

We have had a wonderful first month of school! We're settling into our daily schedules and are looking forward to some beautiful Fall weather! We had a fantastic trip to Buffalo City Hall and had the opportunity to get a tour of the building and the observation deck. We went to lunch at Bella's Pizzeria. Everyone had a great day together!

If you were unable to attend our Open House this past month, I will be sending home the packet of information that was distributed that explains our Transition Life Skills Curriculum.

We have many new and exciting ventures that our class will begin in October! This month we will begin our Internships at Cala's Kitchen, Creature Comfort's Pet Day Spa and We Rock The Spectrum Kid's Gym. The students will have the opportunity to work at each of the sites throughout the year. They will go on Tuesdays and Thursdays from 9:30- 11:00 a.m. each week. They will be assigned tasks from the staff at each location that will reflect the daily responsibilities at each operation. There will be a Job Coach/Teacher to accompany the students at each of the sites as well. We are anticipating a mid-October start date.

The students will also begin getting the chance to gain valuable skills working in the cafeteria with the Lake Shore kitchen staff. They will learn to prepare food, food/kitchen safety and clean up/food storage skills.

The school store will be yet another work experience for all the students as they will get the opportunity to be on a rotating schedule each week. They are working on many skills such as social skills, greeting customers and asking what they would like to purchase, stocking the shelves, making/bagging popcorn, improving money skills by cashing out customers and learning to make/ count back change.

This month's Unit in Our Unique Learning System Curriculum is titled, "Nutrition: A Healthy Me." The unit provides lessons and activities about the importance of having a balanced diet and exercise including activities in the Transition Passport: Daily Living/Health evaluation tools. This unit will provide our young adults with the tools needed to learn about how to make good food choices and include regular exercise for a healthy lifestyle.

We will be going on a Field trip to Garage Fitness on Friday, October 19th. We would also like to go to Chestnut Ridge Park for a walk (weather permitting). More information will be sent home in the near future.

*There are no October Birthdays. Please note the important dates for the month of October.

Important Dates

Oct. 5th- Emergency "Go Home Early Drill"

Oct. 8th- NO SCHOOL: American Heritage Day

Oct. 19th- FIELD TRIP TO GARAGE FITNESS in ANGOLA/Chestnut Ridge Park (weather permitting)

Oct. 26th- NO SCHOOL: Supt. Conference Day

If you ever have any questions or concerns please feel free to call the classroom at 926-3799 or email mreichert@lakeshorecsd.org and I will get back to you as soon as possible. Thank you!

Sincerely,
Maureen Reichert
Dawn Murphy